



147 NASSAU BLVD. GARDEN CITY SOUTH

Tel 516-486-0935 Fax 516-486-0914

SALADS

STAGIONE 6.50

Mixed greens, tomatoes, carrots and cucumbers with balsamic dressing

TRICOLORE 8.50

Radichio, baby arugula, endive, Gaeta olives and shaved Parmigiano with balsamic dressing

BIETOLE 8.50

Mixed greens, roasted red beets, goat cheese, toasted walnuts, roasted corn and tomatoes with honey dijon dressing

INSALATA CON FUNGHI 8.75

Mixed greens, portobello mushrooms, roasted peppers, toasted sunflower seeds and mozzarella with balsamic dressing

INSALATA DI PERE 8.50

Mixed greens, red pears, gorgonzola and toasted pecans with lime dressing

GRILLED CHICKEN

AVOCADO 9.25

Grilled chicken, iceberg lettuce, shredded mozzarella, avocado, toasted almonds and cherry tomatoes with balsamic dressing

RUCOLA CAPRINO E POLLO 10.25

Grilled chicken, baby arugula, goat cheese, sun-dried tomatoes and toasted walnuts with balsamic dressing

RUCOLA E FARRO 9.25

Grilled chicken, baby arugula, barley, cherry tomatoes, gorgonzola, roasted hot peppers and hearts of palm with honey dijon dressing

INSALATINA DI POLLO 8.75

Grilled chicken, mixed greens, Gaeta olives, red onions, carrots and toasted almonds with balsamic dressing

POLLO E GUACAMOLE 11.00

Grilled chicken, iceberg lettuce, guacamole, roasted hot peppers, shredded mozzarella and cherry tomatoes with lime dressing

ROASTED TURKEY

RUCHETTA CON ZOLA E TACCHINO 11.50

Roasted turkey, baby arugula, endive, toasted pecans and gorgonzola with roasted garlic vinaigrette

SPINACI E TACCHINO 11.50

Roasted turkey, baby spinach, goat cheese, sautéed mushrooms, roasted corn and crispy bacon with raspberry dressing

ICEBERG E TACCHINO 11.25

Roasted turkey, iceberg lettuce, sun-dried tomatoes, marinated red onions, gorgonzola, roasted peppers and roasted corn with roasted garlic vinaigrette

TACCHINO E AVOCADO 10.50

Roasted turkey, mixed greens, shredded mozzarella, tomatoes, avocado, sautéed mushrooms and roasted hot peppers with balsamic dressing

GRILLED SHRIMP

ROMANA CON GAMBERONI 11.50

Grilled shrimp, romaine hearts, fresh mozzarella, raisins, toasted walnuts and tomatoes with balsamic dressing

GAMBERONI E GUACAMOLE 11.75

Grilled shrimp, iceberg lettuce, guacamole, toasted almonds, cherry tomatoes and roasted hot peppers with lime dressing

GAMBERONI CON WASABI 11.25

Grilled shrimp, mixed greens, spicy wasabi peas, cherry tomatoes and shredded mozzarella with orange dressing

CHICKEN CUTLET

PARMA SALAD 9.00

Chicken cutlet, romaine hearts, tomatoes, Gaeta olives, red onions, roasted peppers and shaved Parmigiano with balsamic dressing

SAL SALAD 8.75

Chicken cutlet, mixed greens, red onions and tomatoes with roasted garlic vinaigrette

DI ROSA SALAD 9.00

Chicken cutlet, mixed greens, tomatoes and goat cheese with balsamic dressing

SUSAN SALAD 9.25

Chicken cutlet, mixed greens, red onions, roasted hot peppers, roasted corn, gorgonzola and tomatoes with balsamic dressing

STEAK

BISTECCA E ZOLA 12.25

Roasted angus steak, mixed greens, cherry tomatoes, Gaeta olives marinated red onions and gorgonzola with balsamic dressing

INSALATA DI BISTECCA E RUCOLA 12.75

Roasted angus steak, baby arugula, radichio, marinated artichokes, barley, roasted hot peppers and tomatoes with balsamic dressing

BISTECCA E FARRO 12.50

Roasted angus steak, baby spinach, crispy bacon, barley, tomatoes, marinated artichoke hearts and with roasted garlic vinaigrette

SALMON

ROASTED SALMON SALAD 12.00

Roasted salmon, mixed greens, diced butternut squash and spicy wasabi peas with orange dressing

SALMONE E GUACAMOLE 11.75

Roasted salmon, mixed greens, guacamole, hearts of palm and toasted sunflower seeds with honey dijon dressing

SALMONE E PERE 12.50

Roasted salmon, baby spinach, endive, red pears, toasted pecans, roasted beets and cherry tomatoes with raspberry vinaigrette

CAESAR 7.00

Romaine hearts, ciabatta croutons, shaved Parmigiano and Caesar dressing with your choice of

Chicken 9.00 Roasted Turkey 10.25 Shrimp 11.75 Steak 12.25